

2024 SEASON YOUTH PREMIER TEAMS



U13-U17

The Auckland City FC Academy is an accredited Talent Develop Program that prepares players for the demands of the modern game. Our teams compete in the NRFL Youth and NRF Championship competitions and the program is built on four guiding principles: Coaching, Training, Feedback and Performance.



Coaching and Training

- Qualified youth coaches, supported by a highly experienced technical team.
- Accredited New Zealand Football Talent Development Program.
- Eight-month program with three trainings per week, based on best-practice and modern methodologies to improve skill learning and tactical development.
- Tactical sessions are focused on how to apply our principles of play to football situations.
- One session per week utilises small-sided games to enhance decision-making, individual ball skills, combination play, creativity, and improvisation.

Feedback and Performance

- Focus on player welfare through injury prevention and physiotherapy support.
- Educational workshops on various aspects related to being a footballer.
- Video tools and analysis to support player learning individually and as a team.
- Individual feedback linked to our holistic player development profile.

Academy Trials:

- For players born 2011 (U13) to 2007 (U17).
- Identification for these teams is done through our 2023 term 4 summer program.
- Sessions will also be held across the first two weeks of February 2024.
- Contact academy@aucklandcityfc.com to register.